

SHI 27 & 28 September 2025

Bulletin 2

This year, the SHI is sharing dates and areas with JIRCs, so there are some additional constraints on timings.

Provisional Timings Saturday

10:30 – 11:40 SHI starts
13:30 – 15:30 JIRCs starts

Provisional Timings Sunday

9:00 JIRCs Girls Relay start
9:10 JIRCs Boys Relay start
10:30 SHI Mens Relay start
10:40 SHI Ladies Relay start

Saturday 27 September Individual

Torver Back & Torver Low Commons

Directions

Event Centre / Assembly is at Raymond Priestley Outdoor Centre, Torver (University of Birmingham), LA21 8AX

What3words chainsaw.koala.pigtails

All vehicles **MUST** approach from the A593 approx. 0.5 mile north-east of Torver. Do not attempt to use the narrow lane from the A5084 approx. 0.25 mile south-east of Torver. Ignore satnav if it tries to send you this way.

The single-track access road leaves the A593 at W3W ///kickbacks.excellent.division

The access road and parking cannot accommodate anything larger than a minibus. Any larger vehicles can drop off in a layby on the A593 at

W3W ///furnish.nutty.suitable from where it is 1.3km walk to assembly. Larger vehicles will then need to be parked in Coniston village, see www.conistonparking.co.uk for details.

Parking in field near the lake approx.. 200m from the event centre.

Please do not arrive before 9:00.

Due to the single-track access road and the arrival of JIRCs teams there will be no vehicle exit before 12:45 (and no arrivals after 12:30).

Assembly

There is space for team tents by the public footpath alongside the lake.

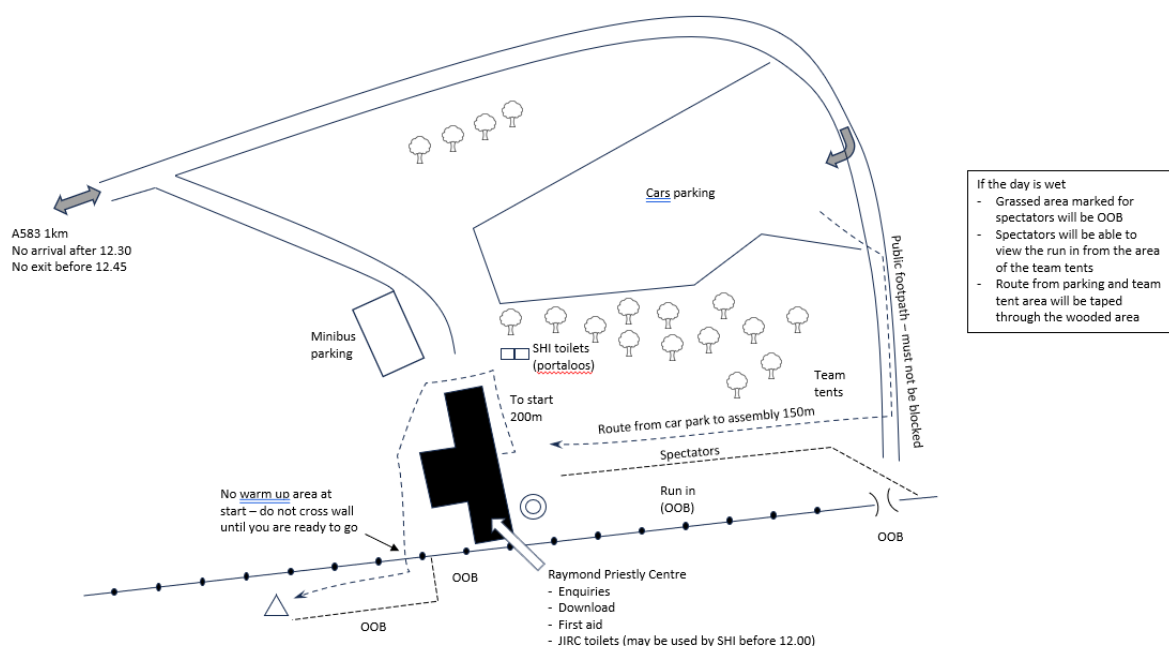
No dogs please.

No drinks or refreshments provided at Assembly, please bring your own with you. See below for details of water point on courses.

Toilets inside the building until 12:00– no muddy shoes please.

Also Portaloos outside, for use by seniors & helpers when internal toilets are reserved for juniors from 12:00 onwards.

A First Aider will be available if required.



Personal equipment

Carrying whistles is strongly recommended.

Full leg and torso cover is mandatory.

In the event of poor weather cagoules may be compulsory; if so notices will be posted at assembly.

High capacity SI / SIAC card required – all courses have at least 30 controls.

Terrain

Two areas are being used.

Torver Back Common (TBC)

Immediately to the south of the Event Centre.

The northern part consists of typical Lakeland deciduous wooded hillside sloping down to the east to the shores of Coniston Water. There is little undergrowth and no brambles, though there is some rough ground, low holly and some fallen trees. There will be black/yellow hazard tape when approaching two crags from above. Bracken in the woods is limited, not a serious impediment and not mapped.

Two gaps have been cleared through the dense bracken in the clearing immediately after the start kite. This bracken is shown with undergrowth hashing, with two unhashed lines through it.

The southeast part is steep open fell, again sloping down to the east to Coniston Water. This section has significant bracken on the lower slopes, so only the higher parts where the bracken is more limited are used. A couple of patches of dense bracken on the higher slopes have gaps cut through them. The most dense (not all) bracken which you may encounter is mapped with vertical green hashings. Gaps in the hashings indicate the easier routes through.

The southwest part is more gentle open fell with fast running on short-cropped grass and great views down onto Coniston Water. The marshy areas are more tussocky and at the end of August were much drier than usual. There is one small area of OOB, marked on the map but not on the ground. Legs have been planned so you should not be tempted to go through it.

Between the wooded and open areas there is a fence which is overprinted as uncrossable, and which all competitors will cross twice. All competitors MUST use one of the mapped crossing points (stiles) and must not climb the fence anywhere else. Courses are planned so there is a stile close to the direct routes, and so that each stile is only likely to be used in one direction. Next to one of the stiles the fence has been flattened by a fallen tree. The flattened fence poses a trip hazard and will be marked with red/white tape.

In the woods some controls are quite close together, so check your codes.....

Previous Routegadget at <https://www.mdoc.routegadget.co.uk/rg2/#254>

Torver Low Common (TLC)

This lies to the southwest of TBC, across the A5084.

The terrain is rough open, rougher and more tussocky than TBC. Bracken growth has been more rampant this year than in 2024. The most impenetrable (not all) of the bracken which may impact route choice is mapped with green hashing. Gaps through the hashings indicate where easier routes have been cut through for the event or the bracken has been flattened by quad bikes.

Previous Routegadget at <https://www.loc.routegadget.co.uk/rg2/#255>

Note : on the old map on Routegadget rough open is shown as white. For this event, for consistency with Torver Back Common, rough open is mapped using the standard pale orange symbol.

Transition between the two areas involves a road crossing and a 500m taped route in each direction along a public footpath. There will be a maximum 4-minute timeout in each direction. By agreement with the Team Managers the 8-minutes timeout is *in addition to* the e.w.t.s of 70 / 90 minutes.

There will be a drinks point within the timeout at the TBC end, which you will pass in both directions.

Make sure you punch the control at each end of the timeout in both directions. To guard against the possibility of unit failure each of these controls will have 2 SI boxes; you only need to punch one at each location.

On the first crossing, from TBC to TLC, cross the road immediately and then go north on the western side to the sharp bend where the footpath goes west. On return, stay on the west side of the road and cross at the same point. This is to avoid crossing close to a sharp, blind bend.

Please close gates behind you. There is one at each end of the timeout and one in the middle along the public footpath.

The water point / road crossing will have marshalls who will be in phone contact with Assembly and other officials should the need arise. A check will be maintained of runners out and runners back, so you may get asked your name. A first aid kit will be available if required.

Maps

All courses have A3 1:15,000 maps with 5m contours, printed on waterproof paper. Original mapping is by Martin Bagness, with minor updates 2024-25 by John Embrey.

Individual trees and power lines are not shown on the map.

All maps are 2-sided, with a turnover during the TLC section.

A single complete loose description sheet will be picked up at the start. This is long and will need to be folded. We suggest refolding this during each timed-out road crossing.

As JIRCS will be using the same area, maps will be collected at the Finish. Map return will not be until after the last JIRCS start, around 16:00. Maps will either be available at the Relays on Sunday or at the overnight accommodation (t.b.c.)

As the same area is being used for JIRC in the afternoon, SHI competitors MUST NOT discuss their map or course with anyone remotely connected with JIRC, or within earshot of any such person.

Start

Will be c. 200m from the Event Centre, just over the fence in the woods. Do not cross the fence until shortly before your call-up time. Warm up before crossing the fence.

Clear, Check and SIAC check will be in the woods just after crossing the fence.

Call-up will be 5 minutes.

Do not go beyond the red & white OOB tapes.

There will be 3 minutes between starters on each course.

All runners have an allocated start time which you must adhere to. However, for flexibility in the unlikely event of any unexpected delay all competitors will also be required to physically punch a Start SI box.

Finish

Will be just to the east of the Event Centre building.

Spectators will be able to watch the short run-in.

Do not go beyond the red & white OOB tapes.

Controls

All controls and the Finish will be enabled for SIAC contact-free punching.

Clear, Check & the Start will require a manual punch.

All SHI courses have at least 30 controls, so a high-capacity card type is required.

If any control does not work in SIAC mode, punch it manually.

If any control does not work in manual-punch mode, use the pin-punch in one of the boxes on your map and report the problem at Download or at the water station during the timeout.

Entries

In the interests of clearing the area ready for JIRCs will team managers please fill their earliest start times first and have their slower runners start before faster ones.

Entries – both Individual and Relay - to be submitted by team managers to Ali Hooper on the form provided, by Friday 12 September.

N.B. at least one M21 & one W21 must be M/W35 or older.

Saturday Individual courses – subject to final controlling / any late revisions

These distances include 880m of timed-out link between areas

Class	Km	Climb m	Controls	e.w.t.
M21	15.3	605	42	90
W21	13.6	570	36	90
M20	11.3	490	33	70
W20	9.4	400	30	70

Saturday Officials

Organiser	Roy McGregor	SROC	07518 878346	rmc.jcb@gmail.com
Planner	John Embrey	SROC	07592 052708	john.x.embrey@gmail.com
Controller	Keith Tonkin	BL		
Entries / SI	Ali Hooper	LOC		ali@onlineorienteer.co.uk

<u>Jury</u>	Clive Wilkinson	EAOA
	Anne-Marie Duckworth	EMOA
	Mike Pedley	YHOA

Sunday 28 September Relay

Haverigg

Event Centre / Assembly

Assembly & Parking – Millom RUFC, Haverigg

What3words – ///melts.clusters.chairs

Toilets – in Club house

4 cubicles in the Ladies

2 cubicles & long urinal in Gents

1 separate Accessible toilet

Terrain

Haverigg is an area of sand dunes covered in marram grass and some gorse.

It was used for the JIRC's individual in 2011.

The RouteGadget is on the LOC site [2011-07-02 JIRC 2011](#)

Last Galoppen in 2024 [2024-09-22 Cumbrian Galoppen - Haverigg Bent Hills](#)

Maps

All courses have A4 1:7,500 maps with 2.5m contours, printed on waterproof paper.

Mapping is by Martin Bagness.

Start, Changeover & Finish

Will be c. 100m from the Event Centre.

Spectator Control

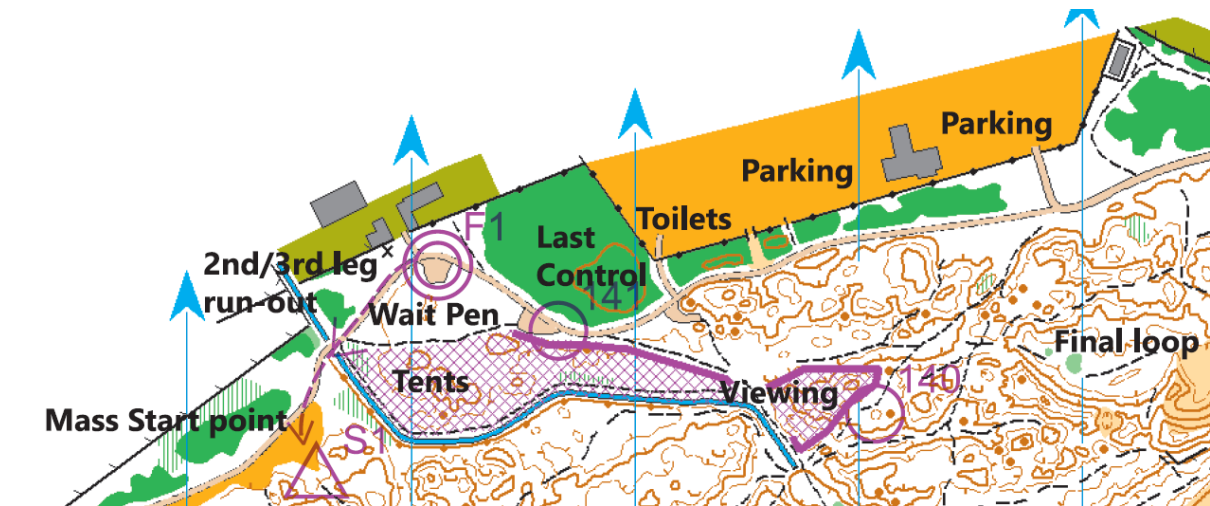
Will be adjacent to Changeover.

Competitors will have a final loop of around 700m.

Do not go beyond the red & white OOB tapes.

Sunday Relay courses – subject to final controlling / any late revisions

Class	Km	Controls	e.w.t.
Men	6.0	29	35
Women	5.3	26	35



Sunday Officials

Organiser	Derek Fryer	LOC	07900 603381	derekgfryer51@gmail.com
Planner	Richard Tiley	LOC	07843 101242	rich.tiley@btinternet.com
Controller	John Kewley	MDOC		
Entries / SI	Ali Hooper	LOC		ali@onlineorienteer.co.uk
Jury	t.b.c.			

Accommodation

Castle Head Field Studies Centre, Grange-over-Sands, LA11 6QT
 Accommodation + Catering (non-exclusive use) – staying in 4+ bunk rooms.

Saturday 27th - Evening meal, bed, b/fast + packed lunch – 76 spaces booked.

Cost included as part of SHIs entry fee.

Optional

Friday 26th - Bed, B/fast + packed lunch – Cost £50pp – 40 spaces provisionally booked.

Contact Richard Tiley to book - rich.tiley@btinternet.com

Acknowledgements

Raymond Priestley Centre (Birmingham University) – Event Centre, Saturday

Torver Commoners, esp. Arnold Lancaster – Saturday permissions

Millom RUFC,– Event Centre, Sunday

Haverigg Dunes - owners

John Embrey / Roy McGregor / Richard Tiley

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8/9/2025