

A few tips about map symbols to watch out for... at Orrest Head

Contour lines show changes in the height of the land. Where there are tags, they point down the slope.

Solid yellow shows open land / fields

wall

broken wall

small knoll

crossing point

crag / cliff

White shows runnable open woodland

White / Yellow shows easy running forest mixed with open land

boulder

marsh

stream

path

stony ground

fence

platform (flat circular area)

boulder field

broken wall

Stripy green shows undergrowth which slows running

Lighter green shows more dense vegetation or woodland

significant tree

crag / cliff

Lakeland

Orienteering

