

What to expect at our orienteering events...

lakeland-orienteering.org.uk

CHECK THE WEBSITE PRIOR TO THE EVENT

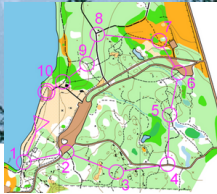
There is always lots of information about the event online including the type of ground to expect and the length of the courses, safety details and where to park.



REGISTRATION WILL BE FROM THE BACK OF A CAR

This is where you can sign up and collect your electronic dibber which will record your times around the course (it will help us a great deal if you can register in advance using SI Entries).

You can ask any questions about the event here.

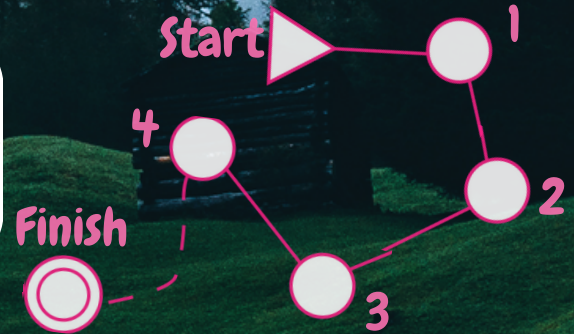


START

This is where you will collect your map - beginners have the opportunity to look at their course map before going out on the course.

You also need to clear and check your dibber before starting.

When you are ready, move into the start line, punch the start control and off you go!



FOLLOW THE COURSE IN NUMERICAL ORDER

Look out for the orange and white kites along the route. Use your dibber to punch each control and don't forget to check the control number at each site against your control descriptions. (If you make a mistake in the sequence, you need to go back to the last correct control and continue again). If you get into difficulty, don't be shy about asking for help - we've all been there!



FINISH

Punching the finish completes the timing of your course.

DOWNLOAD

This is where you collect a printout of your results and return your hire dibber.

ALWAYS go to download, even if you haven't completed the course (We will send out a search party if we think you might not have returned)



HAVE A CHAT!

Which bits did you enjoy? What did you think of the area? Which were the challenging parts of the course? What would help you next time?



Lakeland Orienteering Club

