

Interland 2023

Interland is a pentangular match between the French, 2 Belgium teams(Flemish and French speaking) , the Netherlands and England. This year a team from Luxembourg also competed as guests. The team consists of W and M14 to W and M60+, a total of 42 members.

The event this year took place in the Kattenbos forest by Lommel, 64km east of Antwerp.

We assembled at Egham ,Surrey on the Friday morning, travelling by coach to Dover to cross by ferry to Calais , and then onwards to our overnight stop at a YH in southern Belgium. The following day, after a short coffee/sightseeing stop we continued onto our destination where we were able to train on similar terrain to the competition the next day.

The competition area was intricate ,fast sand dune terrain with a good network of paths. This suited me well and I managed to win my W60 class. Laura Brown ,LOC, was 4th on a very competitive W20 class. Overall England finished second to a strong home team but won the Junior Cup .

Thanks to LOC for a grant towards costs to compete in the event.