

SLMM – Saunders Lakeland Mountain Marathon

First weekend in July means its time for the “Saunders”, a 2 day mountain challenge for pairs where you carry your tent & food on your back.

This year it started in Coniston and the feature of the event was the wind on the ridges, where competitors were literally being blown off their feet. A real test of stamina on Day 1 when the courses were heading into the wind towards the overnight camp at Turner Hall farm campsite.

Jane Ligema & Carol McNeill were the top veterans’ pair in the Harter Fell class, completing the 2 days in just over 12 and a half hours. Somewhat speedier (due to being around a quarter of Carol’s age!) were Harry Scott & partner Jack Baker, who placed third in the same class, and Jess Ensoll with dad Rich in 9th place.

Richard Tiley & Jo Cleary were top veterans’ pair in the shorter Wansfell class, finishing in just under 8hours. Liz Heaton (partnered with Helen Rennie from WCOC) unfortunately had to retire after becoming unwell at the overnight camp. Wish her a speedy recovery.

Full details about the event here

[Home – Saunders Lakeland Mountain Marathon - SLMM](#)

Results here

[SLMM 2023 - 1/2 July 2023 \(sportident.co.uk\)](#)

Richard Tiley