



# LAKELAND ORIENTEERING CLUB

## Stony Hazel Junior Orienteering and Family Adventures



### OVERVIEW

- Come and have an adventure with us on Saturday 24th May (1:30 - 3:30pm) in the beautiful woods of Stony Hazel. Our special maps will take you off exploring to find checkpoints marked by orange and white kites in the lovely woodland.
- This event is suitable for complete beginners with a choice of map-reading courses to follow with different lengths and difficulty levels. You can choose to do one, two or more courses on the day.
- Juniors who have tried orienteering before are encouraged to have a go at the courses on their own. Families are also invited to enjoy the courses together as a group.
- There will be lots of helpers available to help you get started and answer any questions that you may have.

### TERRAIN

- The area is a compact woodland with a good clear network of paths.
- The woodland is surrounded by walls, providing a safe boundary.



### ENTRY DETAILS

- The event is completely FREE to attend.
- Please use our Google form to sign up in advance and reduce queueing on arrival.



### GETTING THERE

- Our registration area will be at Rusland Reading Rooms LA12 8JG
- See our website for a pin to the exact location on interactive maps.
- Parking is available on the roadside and is limited so please car-share if at all possible.

## COURSE INFORMATION

**WHITE** (1.2km TBC) Shortest and easiest to navigate – follows paths, with checkpoints at each path junction to help with decision making.

**YELLOW** (1.4km TBC) Longer and fairly easy navigation – follows paths and line features (fences, walls,...), some decisions to be made at paths junctions without a checkpoint, checkpoints may be just off the line features.

**ORANGE** (2.3km TBC) Longer with a little more navigational challenge and the opportunity to cut corners between line features.

**SCORE** (30 minutes) A more challenging option, the score course allows you to choose your own route to visit as many controls as you can in the time limit.

Explorer Points can be earned at this event for all LOC Juniors signed up to the awards scheme.

## REGISTRATION AND START TIMES

- The event will run from 1:30 to 3:30pm.
- Progress around the courses will be recorded with an electronic timing device (dibber) which will be loaned to children from the registration area.
- You should return to the registration/download area to download your results after each course and **MUST** download and return dibbers before you leave.

## SAFETY NOTES

- Children must be supervised by a responsible adult.
- Younger and inexperienced children should be accompanied around the courses.
- There are some sections which may become muddy and slippery, some steeper areas and some longer vegetation – please take care.

## FACILITIES

- Toilets are available on site in Rusland Reading Rooms where registration will be located.
- The Reading Rooms will be open for drinks, chats and orienteering advice.



## CONTACTS / OFFICIALS

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