

25 June 2018

Upcoming Fixtures....



Wednesday 27th June

Caw Evening Event

Parking in Broughton Forest - signed from the Coniston-Broughton road. Long and Short course, plus an Orange. Costs £4 and £2. Starts from 17.30-18.30

Sunday 1st July

BBQ Special - Rawfold Woods, Broughton

Parking at Gill and Rick Brownes, who will be kindly providing some heat for the BBQ - all you need to bring is the meat (or veggie alternative). There will be an Odds and Evens score available for those who need a fix of 'O' - please contact Gill if you are going. 01229 716748 or gillbrownes55@googlemail.com

Wednesday 4th July

Sizergh Castle

Parking in the NT car-park. Members can park for free provided you take your NT card with you. Long/Short options, plus a Yellow. Costs £4 and £2. Starts 17.30-18.30

Wednesday 11th July

Kirkstone Evening Event

Last of this years Summer evening events. A brand new area, mapped by Martin Bagness. A great finish to the season, and the finish is at a pub, so you can get a drink and meal once you've run. More details soon.

Lakeland Lanequests...

Only three events to go... Great fun, and you get to visit some bits of the local countryside you may not know even exist!

The philosophy of Lakeland Lanequest is to provide a fun and challenging cycle-orienteering events on 6 consecutive Tuesday evenings through June and July. The events are designed to be very inclusive and aimed at all abilities, on all styles of bikes, all ages and families. In recent years the popularity of these fun events have exploded and they have regularly been attracting 120 riders to the quiet country lanes in and around the Lake District on Tuesday evenings with start times from 5.30pm until 7pm.

All proceeds from each event go to a charity nominated by the event organiser.

Full details on www.wheelbase.co.uk/about-us/events/lakeland-lanequest-2018/

Dates/venues are:

June 26th Ulverston

July 3rd Oxenholme

July 10th Staveley

Boo Tarn Evening Event

Thanks to Graham Capper and family for this one... Some really nice views, and a brilliant run by Harry Scott to be within half a minute of Matt...

Selected results below...

Long course

1st	Matthew Elkington	36:23
2nd	Harry Scott	36:55
3rd	Richard Purkis	40:51
4th	Iain Embrey	41:28
5th	Alastair Thomas	41:32
6th	Ben Goodwin	44:12
7th	Dai Bedwell	46:31
8th	Mike Johnson	46:59
9th	Dan Parker	47:40
10th	Mark Simmonds	48:08
11th	Niamh Hunter	48:23
12th	John Ockenden	48:47
13th	Joe Taunton	48:55
14th	Heather Heppenstall	49:06
15th	Derek Ratcliffe	49:25
16th	Iain Smith-Ward	50:01
17th	Finlay Johnson	51:19
18th	Ellie Simmonds	54:01
19th	Loz Colyer	54:47
20th	Sam Gibbs	55:03
21st	Karen Parker	56:13
22nd	Jeff Goodwin	56:55
23rd	Philip Shrimpton	56:58
24th	Richard Tiley	59:23
25th	Lucy Gibson	60:27
26th	Derek Fryer	61:38
27th	Simon Filmore	63:53
28th	Mathew Haddow	64:26
29th	Deb Murrell	66:43
30th	Jo Cleary	69:19

Short course

1st	James Kelly	40:47
2nd	Jane Exley	45:34
3rd	Peter Scott	45:35
4th	James Crawford	46:53
5th	Luke Simmonds	47:18
6th	Dylan Kenny	47:48
7th	Jacob Wiles	48:02
8th	Jerry Purkis	49:58
9th	Graham Farley	50:04
10th	Roger Smith	51:30
11th	Lucie Kelly	53:19
12th	Bob Gibbs	58:19
13th	Carol Edwards	62:24
14th	Gill Browne	62:45
15th	Chris Heaton	64:20
16th	Dave Neild	65:25
17th	Philip Gager	66:21
18th	Bruce Jardine	67:06
19th	Alex Earley	69:15
20th	Judith Filmore	71:22
21st	Ann Smith	72:05
22nd	Michael Finch	75:27
23rd	Alex Finch	75:53
24th	Helen Neild	81:40
25th	Amelia Thompson	81:49
26th	Rowan Purkis	91:21
27th	Ella Wood	104:12
28th	Sarah Johnston	104:14
29th	Adelaide Dodson	104:15