

Locate

21 May 2018

Week 21 - issue 93



Upcoming Fixtures....

Wednesday 23rd May

WAROC Charity event... For Macmillan Cancer Support

This is a last-minute event filling a vacant slot in the fixture list.

Venue: Graythwaite Black Brows.

Parking: on forest road leaving the lane at SD361909. Follow this to the far end.

Courses: 4.0 / 2.5km. Mass start with butterfly loops. Option to start just before or after mass start. Also a 40 minute score with some easier controls, start /finish at registration.

Register from 17.30. Mass Start 18.30. **Allow at least 15 minutes to reach start!!**

The courses start in the Lost World at the highest part of the forest, which includes a labyrinth of rocky ridges and pinnacles. They then descend a complex low-visibility plantation to finish through Rough Holes – an attractive deciduous area. **Beware** – crags in the Lost World and low branches in the plantation!

Please come and lend a hand if you are not running. Cakes / drinks etc to sell for Macmillan would be welcome.

Many thanks to Myles Sandys at Graythwaite Estates for giving access at short notice.

Wednesday 30th May

LOC Summer Evening event - Birkrigg

Parking will be at SD280748. Take the road (Prince's St) signposted to the railway station south out of Ulverston. Keep on this road (becomes Springfield Rd then Mountbarrow Rd & White Gill Ln) until you reach the venue.

Long, Short and Yellow courses. Costs £4 and £2. Starts 17.30-18.30

LOC Schools events

Last event remain in the series... on Thursday 23rd at Brockhole. If anyone can offer to lend a hand, please talk to Selwyn Wright who would be more than happy to accept any offers, whether it is putting out controls, collecting them in, or just basic crowd control!

selwyn.wright@btinternet.com

Once the series finishes, we are hoping for some of the kids (and their parents!) to come along to some of our Summer series... So will be needing some volunteers to make sure they know what they are doing...

British Championships 2018

Well done to those who travelled north for the recent BOC held at Bal-moral.

No individual winners, but Graham Patten and Carol McNeill both continued their recent good form with a second place each in M55 and W70 respectively. Emily Turner had a great run to finish 5th on the W14 course.

Our only Relay winners were the M/W70 class, where Carol McNeill, Cliff Etherden and Simon Cane led from the start to win by nearly 20 minutes.

Best of luck to all those club members who are staying on in Scotland for next weeks Scottish Champs.

Lakeland Lanequests...

Now in it's 23rd successful year! The Lakeland Lanequest series has gone from strength-to-strength assisted by WHEELBASE, The UK's largest cycle store.

The philosophy of Lakeland Lanequest is to provide a fun and challenging cycle-orienteering events on 6 consecutive Tuesday evenings through June and July. The events are designed to be very inclusive and aimed at all abilities, on all styles of bikes, all ages and families.

In recent years the popularity of these fun events have exploded and they have regularly been attracting 120 riders to the quiet country lanes in and around the Lake District on Tuesday evenings with start times from 5.30pm until 7pm.

All proceeds from each event go to a charity nominated by the event organiser.

Full details on www.wheelbase.co.uk/about-us/events/lakeland-lanequest-2018/

Dates/venues are:

June 5th	Holme
June 12th	Oxen Park
June 19th	Arkholme
June 26th	Ulverston
July 3rd	Oxenholme
July 10th	Staveley



Thanks...

To anyone who did a bit of 'dot watching', and for your kind comments on my recent completion of the Northern Traverse (Coast to Coast race)

My feet let me down badly at the start of the last days 'run', but thanks to Joe Faulkner who patched me up, I managed to finish off with a bit of a run to end in 9th position with a time of 78hrs 38minutes. Lots of good memories (and some not-so-good!). It was nice to see Dick Towler doing his own C2C, though his comments about having to get back to his pint and bed weren't fully appreciated at the time...

WCOC Cumbria Galoppen...

The next Galoppen event is to be staged on June 3rd at Wythop Woods (just north of Keswick).

Full range of colour courses, and more points available for the Borrowdale Trophy.

www.wcoc.co.uk

www.lakeland-orienteering.org.uk