

30 April 2018

*Upcoming Fixtures....*



## Torver High Common - 25/4/18

Thanks to Nick Howlett for Torver High Common last week. A real change from the previous week, with only 10 controls on the 6.1km Blue course. A good turnout too... Back to the woods next week for Rusland Beeches.  
(selected results)

### Wednesday 2nd May

#### Rusland Beeches - Tech Race 4

Last of our Tech races, and one of the best areas in Cumbria. Steep, intricate contours, lots of rock detail...TD5 at it's best! Long/Short, £4 and £2. Roadside parking - please share as there is limited space.

### Tuesday 8th May

#### LOC Club meeting - Anglers Arms, Haverthwaite

Normal club meeting. All club members welcome... and encouraged to come! Starts 20.00

### Wednesday 9th May

#### WAROC Battleaxe event - Bishops Wood, Esthwaite

First of the Battleaxe events. A 20 control one hour score event, with starts from 18.00-19.00. Full details on [www.waroc.org.uk](http://www.waroc.org.uk)

### Sunday 13th May

#### Cumbria Galoppen - Newton Fell

Full details on the LOC website, but in a nutshell... Full range of courses. Starts 10.30-12.00 Really nice mix of open fell, fast short grassed rough fields, and some intricate contour and rock details with some mainly open woodlands... And Cumbria Galoppen points too... What is there not to like??

## (Another) congratulations

To Hollie Orr, who was part of the 3rd place team for Halden in the 10Mila race in Sweden this weekend. Racing in a team of 5, Hollie pulled the team up from 12th place to 3rd. Following on from her success at JK, the year just keeps getting better... Who would bet against her for BOC??

## LOC Schools events

Our usual series of events for Primary schools is now underway. Over 100 children came to the first event at Ulverston Leisure Centre - just over 30 were expected! If anyone can offer to lend a hand, please talk to Selwyn Wright who would be more than happy to accept any offers, whether it is putting out controls, collecting them in, or just basic crowd control! [selwyn.wright@btinternet.com](mailto:selwyn.wright@btinternet.com)

This weeks event is Fell Foot Park - take your National trust card for the parking, or get reimbursed from Sel when you get there...

## LOC Events - Safety

For terrain events, especially ones which venture onto higher open areas (such as Lingmoor), a bum-bag with a cagoule, and possibly overtrousers, may still be required if the weather is inclement. A whistle should always be carried on any event. It's better to have it and not need it, than be without and find you need it...

And take a note of the course (strictly enforced) closing times...

Don't forget we now have some emergency phones with numbers printed on the map, so you can hopefully contact the results/enquiry team at all our events (assuming we get a mobile signal!)

### Blue Course

1 Jack Wright	M21	LOC	00:39:34
2 Harry Scott	M18	LOC	00:41:08
3 Matthew Rooke	M21	LOC	00:45:21
4 Alex Kendall	M21	IND	00:46:54
5 Dai Bedwell	M50	DVO	00:48:12
6 Philip Shrimpton	M18	LOC	00:48:52
7 Hollie Orr	W21	LOC	00:50:37
8 Iain Smith-Ward	M50	LOC	00:51:33
9 Jess Ensoll	W16	LOC	00:53:31
10 Heather Heppenstall	W35	LOC	00:53:48
11 Derek Ratcliffe	M60	LOC	00:54:04
12 Ellie Simmonds	W16	LOC	00:54:28
13 Alan Irving	M50	WCOC	00:55:26
14 Harry O'Donovan	M16	LOC	00:55:36
15 Jeff Goodwin	M55	WCOC	00:55:53

### Green Course

1 Sam Yates	M20	LOC	00:33:00
2 Bobby Gard-Storry	M21	IND	00:36:58
3 Cliff Etherden	M70	LOC	00:38:51
4 Jane Exley	W45	WAROC	00:39:33
5 Anna Lister	W18	LOC	00:39:39
6 Richard Towler	M65	LOC	00:40:52
Daisy Fletcher-			
7 Cooney	W20	LOC	00:42:08
8 Graham Farley	M55	LOC	00:42:49
9 Simon Cane	M70	LOC	00:43:29
10 Bruce Jardine	M50	IND	00:45:02
11 Carol McNeill	W70	LOC	00:45:54
12 Karen Farley	W55	LOC	00:46:34
13 Janet Nash	W65	LOC	00:48:19
14 John Nash	M65	LOC	00:49:13
15 Sarah Browne	W21	IND	00:49:52

### 'Special Score'

1 Laura Brown	W14	LOC	00:28:37
2 Emily Turner	W14	LOC	00:35:08
3 Jacob Wiles	M14	LOC	00:36:37
4 Dylan Kenny	M14	LOC	00:36:41
5 Luke Simmonds	M14	LOC	00:41:14
6 Evie McMullen	W14	LOC	00:52:07
7 Adelaide Dodson	W14	LOC	00:52:26
8 Lizzie Hampshire	W14	LOC	00:52:30
9 Gillian Wells	W14	LOC	00:46:35
10 Noah Seath	M12	LOC	00:46:43

## Cumbria Galoppen

A good number of LOC members travelled to High Rigg and enjoyed some fast technical (and sometimes hilly?!) orienteering courtesy of WCOC.

Harry Scott flew round the Brown to finish 3rd. Nick Howlett was top LOC in 5th on the Blue. Ellie Simmonds and Lucy Gibson were 3rd and 4th on Green.

Ian Wilson was 2nd on Short Green, and Luke Simmonds 3rd on Light Green.

Noah Seath was 5th on Yellow.