

Locate

Week 16 - issue 89

16 March 2018

Upcoming Fixtures....



W.O.W.

Wonderful Orienteering Weekend

Wednesday 18th April

Stickle Pike 50 at 50 - Tech Race 2

Something slightly different... This year marks my 50th birthday, and to mark the event, I am staging a '50 control special'.

Mass start event at 18.00 (ish). There is a 10-15 minute walk to the start/finish. This will be a 50 control Score event, and is suitable for all abilities - there will be a number of easy controls to make any course from Yellow upwards. Prizes and cakes will follow at the end...

Wednesday 25th April

Torver High Common, near Torver - Tech Race 3

Third of our Tech races. Top quality open area with few line features. As a contrast to the previous weeks control picking, this has some long legs promised.... Long/Short options. £4 and £2. Parking in the quarries near GR 263933 off the A593 Torver/Broughton road

Sunday 29th April

High Rigg, Keswick - WCOC Cumbria Galoppen

Fast open area with some great contour detail, and some stunning views of the Lakeland fells to all around you. Full range of colour courses. Starts from 10.30-12.30. Full details on www.wcoc.co.uk

Wednesday 2nd May

Rusland Beeches - Tech Race 4

Last of our Tech races, and one of the best areas in Cumbria. Steep, intricate contours, lots of rock detail...TD5 at it's best! Long/Short, £4 and £2. Roadside parking - please share as there is limited space.

LOC Google Group reminder

Quick reminder...

This group should only be used for orienteering purposes... And if/when you reply to an email, DO NOT use the 'Reply to All'...

The main idea of the group email is to keep members informed, and if too many mails are posted people will stop reading them.

Thanks

LOC Events - Safety

Hopefully winter is now behind us, and we can look forward to some warmer weather.

For **terrain events**, especially ones which venture onto higher open areas (such as Lingmoor), a bum-bag with a cagoule, and possibly overtrousers, may still be required if the weather is inclement. A whistle should always be carried on any event. It's better to have it and not need it, than be without and find you need it...

And take a note of the course (strictly enforced) closing times...

www.lakeland-orienteering.org.uk

Many, many thanks to everyone involved in the last weekends orienteering. Two of the best areas we can offer at the best time of year, and even the weather Gods shined!

The Middle Distance Race in Graythwaite, planned by Graham Capper with Day Organiser Norman French was fast and furious, with lots of controls on twisty courses. Concentration was paramount, and any mistakes were costly with time lost, especially in the northern 'green bit', where relocation was a real skill.

Lingmoor, organised by Gill and Rick Browne and planned by Chris and Heather Heppenstall, was a real contrast, particularly the walk to the starts!, and offered some great challenging orienteering on an upland mountain area.

As with any big event, but even more so with an LOC event, our members came out in droves to help with parking, starts, enquiries, first aid, results, and the rest of the multitude of jobs required to stage a top class event. It has always been something I've been proud of - being a member of one of the best clubs in the country who stages some of the best events of the year. Sure, having good areas helps, but it is our attention to detail which makes our events stand out...

There were lots of good runs by club members, from the youngest to our older contingent. Too many to mention individually... But well done to you all.

So, thanks once again.

Iain - LOC Chair

Sorry for lack of newsletters over the last couple of weeks - been busy and holidays! Back to normal now (hopefully...)

Good luck...

To everyone travelling down to the Northern Champs this weekend.

Wass Forest over in North Yorkshire is the venue. Best of luck to you all...