

Locate

4 January 2016

Week 1 - No. 8



**Happy New Year
&
Happy 'O' Birthday**

Upcoming Fixtures....

Saturday 9th January 2016

Birkrigg NWNL event

Night orienteering. Usual courses available. More details on the Lakeland website.

Sunday 10th January 2016

Birkrigg - Club Champs

Now you've (not) seen it in the dark, come back for a second go in daylight! Our usual format of a mass-finish planned for 12 midday. Starts from around 10:30ish. This will be followed by a meal (£5.50) and prizegiving at Greenodd village hall. Always good fun, and you run for free - what is there not to like!! Start times are now on the Lakeland website. If you haven't entered, there is still time. Send your name, SI number, and preferred course to Dave Walton who will sort out a time for you.

loc_si@btinternet.com

If you want to eat, you will also need to let Dave know.

Wednesday 13th January

Ulverston urban

Back to our Wednesday night events. Urban to start off, but pack some trail shoes just in case!

Parking at Ulverston Leisure Centre (tennis one). Short/Long course, mass start at 18:30. Costs £4 and £2.

Thanks to NCL for use of their car-park - visit them at

<http://www.northcountryleisure.org.uk/>

Turkey Races

Two wet, one dry - all three great fun.

Many thanks to those who put on and helped at our Christmas Turkey races.

Bethecar was a rather damp one, but the great hospitality of Carole and family from Abbot Hall Farm more than made up things.

Fell Foot was fast and frantic, and the high lake levels only affected one of the controls.

Thwaite Head was as tough as they come, with some of the most challenging orienteering many will have seen all year.

And so 2015 ends.... Now for 2016!

BOF Renewals

It's not too late for your BOF renewal. If you are wanting to enter some of the big events (BOC/JK) next year, cheap entries will be ending sometime soon, and you will need your BOF number... **Do it now!!**

Club Clothing

I know it's too late for Christmas, but....

If anyone is wanting new club clothing, now is the time to start thinking about it. We have short-sleeved running shirts, and also jackets available, but they need to be pre-ordered and we need a minimum order too. If you are interested, please see Rob Browne at the end of the Club Champs meal and he will be able to you out.

Future of Orienteering - Have your say

At the last LOC Club Meeting we agreed that we should send Chris James, Chairman of BOF's Events and Competitions Committee, a response to his item in the last issue of Focus. In order to prepare that response, we've also agreed to hold a brief meeting after the Club Championships lunch, at Greenodd Village Hall on Sunday 10th January. As with all LOC Club Meetings, all members are welcome to attend this meeting.

Orienteering Publicity

Orienteering is a great sport. We all know this. But how do we let everyone else know how good it is?? Publicity is an area which we (LOC) have identified as a priority which needs addressing as soon as we can. If any club members have any ideas how we could do this, or would like to get involved in a small working party, I would love to hear from you. Either email me or see me at either the Club Champs or any other event...

Thanks

Iain (Smith-Ward - Chairman)

Event safety for the winter events

With dark nights, and winter weather - you will need some extra kit. For urban/town events - don't forget bright (fluorescent) clothing. For terrain events, bring a cagoule, extra tops, hats, gloves and whistles! A spare torch would be good too - you never know when your battery/bulb fails! Stay safe...

www.lakeland-orienteering.org.uk