

Locate

23 May 2016

Upcoming Fixtures....



Week 21 - No. 28

Wednesday 25th May

Birks Bridge, Duddon Valley

First of our Summer Evening Events. A great little area. Score event, plus a Yellow/Orange for those new(er) to the sport. Costs £4 and £2

Wednesday 1st June

Thwaite Head, Graythwaite

Second Summer Evening Event. Parking at SD361909 on forest tracks. Costs are £4 and £2.

Wednesday 8th June

Kentmere (North)

Parking will be signed from the top of the valley - simply turn at Staveley and continue North! Take care as the road gets narrower the further you travel!
NEW AREA!!

Thursday 9th June

Club Meeting, Anglers Arms, Haverthwaite

Wednesday 15th June

Stickle (West)

Parking and Assembly at GR 215933, north of Broughton Mills. As usual, costs are £4 and £2

Lakeland Trailquest series 2016

Six events in the series, finishing with the usual 'Winners cut the Cake' prize-giving. All dates are Tuesday evenings, and starts are from 5.30 to 7.00pm.

June 7th	Oxen Park
June 14th	Silverdale
June 21st	Witherslack
June 28th	Dolphinholme
July 5th	Endmoor
July 12th	Staveley

Full event details on the [Lanequest website](#)

These are 2 hour score events, and only use roads - there is no off-roading - so are suitable for any type of bike, and any ability. There are Mens, Womens, Pairs, Generations and Junior classes.

Bring a friend...

The summer series of events is a great chance to introduce your friends and family to orienteering. (Hopefully!) better weather, and some great informal events is a perfect combination to show-case our sport. There will always be someone on hand to give any help needed.

It's not just orienteering - you can also take a friend to the Lanequests or anything else you are going to... Saves travel costs, and shares the fun!!

Battleaxe results...

A great series finished with really fast racing in Mickleden (Langdale). Again we were lucky with the weather, and NWJS provided an excellent BBQ enjoyed by all. Particular mention must go to **Becs Ensoll** who turned burgers and sausages all evening - many thanks!!

Prize-giving was the usual low-key Warrior affair, and the traditional Sticky Toffee puddings were given to the winners.

Francis Smith-Ward won the Junior Mens class, and **Rebekah Beadle** was the Vet Women victor.

Jack Wright was the Mens Open Champion winning his pudding and the 'trophy' for the year - pictured with Womens champion Rebecca Rooke.

Sam Yates had some excellent results finishing 2nd in the Open class ahead of **Rob Browne**. Thanks to our friends in Warrior for the series - looking forward to next year!!



Scottish Champs 2016

A small contingent from LOC travelled north to the Balmoral Estate for the annual Scottish Champs.

Running on the same area to be used for the British Champs in 2018, LOC came away with four class winners.

Lindsey Bayles had a great run to win W55. **Carol McNeill** was over 15 minutes clear to win W70, and **Verena Johnston**, despite being the only entrant, had a good run to win the W80 class. Husband **Stan** was the class winner in M80 in what ended up a highly competitive class with a winning margin of just over 1 minute!

With exams at this time of year, it was only the younger competitors from UVHS who were running. **Liam Woodend** was third in M14B, and **Alice Wood** won W14B. It was a steep learning curve for the rest, with some moving up to 14A class for the first time, but great to have them all finish their courses with no mis-punches...

No newsletter next week - I am away running the Northern Traverse (Wainwrights Coast to Coast), starting on Monday 30th.

[Click here to track my progress across the country](#)

I am competitor number 53... ☺