

# Locate

21 March 2016

*Upcoming Fixtures....*



Week 12 - No. 19

## Leaps Beck, 20/3/16

WCO provided great practice for JK day 3 at Kilnsey, with fast open fell racing and some fantastic weather and views thrown in for good measure.

Robin Leech was 5th on Yellow, Joseph Jackson 2nd Orange, with Sarah Johnston 4th. Luke Turner won Light Green, with Will Sanderson 3rd. Cliff Etherdon was 3rd on Green, closely followed by Anna Lister and Daisy Fletcher-Cooney 4th and 5th. Harry Scott won Blue, with Sam Yates 3rd and Richard Lecky-Thompson 5th.

### Friday 25th-Monday 28th March 2016

#### JK 2016 - Yorkshire

Many club members will be making the trip across to Yorkshire for the JK. The weekend starts with a sprint race, followed by Wass Forest and Kilnsey, and then finishes with relays on the Monday. Best of luck to you all.

#### Sat 2nd April

##### Tarn Hows Middle Race

Part of our Spring Weekend - courses planned by Derek Allison and organised by Dick Towler. It's still not too late to enter, and you can still offer your services for helping too...

#### Sunday 3rd April

##### Holme Fell

Second day, and full distance courses for all. Planned by Nick Howlett and Iain Smith-Ward, and day organiser Roger Smith. Remember to fill your car with runners/helpers as parking is very limited. Full details for both bays on the LOC website [www.lakeland-orienteering.org.uk](http://www.lakeland-orienteering.org.uk)

#### Wednesday 6th April

##### Devil's Gallop (near Hawkshead)

First of our Tech Races - a single TD5 course approx 4.3km, with a shorter option of approx 3.1km. Starts from 17:30-18:30. Registration starts from 17:00. Park in the field at GR SD 368 941. Costs £4 and £2 for juniors. Courses close at 19:30. The clocks will have changed, but it would still pay to start early if you think you may take a while...

### New website...

Hopefully you have all seen the new website and liking some of the new features and fresh design.

Like anything, it will only be as good as the information and work that goes into it, and this is where you all can help!

We would love some pictures to brighten things up, and just add a bit of colour. We have some big events coming up soon, and these are perfect to get shots of club members racing, on the podium, or just enjoying different things when travelling up and down the country! In order to keep things manageable, please don't inundate Dave/Rob with too many, but if you could send off your best 3 or 4 pictures to them for possible inclusion that would be brilliant.

### LOC April Weekend...

#### Tarn Hows and Holme Fell—April 2nd and 3rd

This should be a great weekend of orienteering, and isn't that far away now. Dick Towler and Roger Smith are our organisers, and I'm sure they would love to hear from you for offers of help if you are not already on their lists! We are particularly short of helpers for the Sunday, so it would be great to hear from you soon... It's still not too late!

### Safety Workshop, Anglers Arms, Haverthwaite, Tuesday 19th April, 19:00 to 22:00 (note new time!)

From 1st January 2017, British Orienteering is requiring, on behalf of its insurers, that all organisers, planners and controllers have attended a Safety Workshop.

If you haven't attended a Safety Workshop, and ever do any planning, organising or controlling, or think you might in the future, please make a diary note now to attend the Safety Workshop on Tuesday evening, 19th April, at the Anglers Arms in Haverthwaite. Then send me an email to say that you'll be coming.

Our Safety Workshops are run very professionally by Derek Allison. They are actually very enjoyable and really useful, even if you don't do any planning or organising. Of course, attendance is free and everybody gets a certificate.

If you can't make this session, there will be another one put on in September

[Dick Towler - LOC Fixtures Secretary](mailto:dick@towler.org)

### Relay Entries

JK - 28<sup>th</sup> March at Storthes Hall near Huddersfield

British Relay Championships 1<sup>st</sup> May at Brown Clee Hill in the West Midlands.

Anyone who wants a run must contact me (either direct or via Miss Evans for UVHS) as all entries for relays go through the club coordinator. **Do it now please!**

Other relay dates for your diaries: **Scottish** Relays 22<sup>nd</sup> May at Balmoral; **Harvester** 26<sup>th</sup> June, Cleeve Hill (Cheltenham); **Peter Palmer** Relays 10/11<sup>th</sup> September at Ratby, Leicester. MDOC are also planning an 'informal' **sprint relay** 9<sup>th</sup> July as part of their UKOL urban weekend.

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